

## Ebola Information and Resources

Cases related to the 2014 Ebola outbreak are rare outside Guinea, Liberia, and Sierra Leone, and the risk of a widespread Ebola outbreak in the United States is very low. Nevertheless, Caltech is working in partnership with the [Pasadena Public Health Department](#) to monitor the situation and make sure we have the most up-to-date information for our community so that we can be prepared.

For information on Ebola, including details on transmission and risk of exposure, visit the [Centers for Disease Control \(CDC\) website](#).

If you do develop [symptoms associated with Ebola](#) within 21 days of travel from a country where the outbreak is occurring or have had direct contact with a person infected with Ebola, call the [Student Health Center](#), your doctor, or a nearby hospital emergency room immediately.

If you have plans to travel to West Africa, you should check the travel advisories issued by the [CDC](#) and the [U.S. State Department](#).

Additional information on Ebola:

- [CDC's "Is It Flu or Ebola?" Infographic \(PDF\)](#)
- [Advice from the CDC for Colleges, Universities, and Students about Ebola in West Africa](#)
- [World Health Organization Ebola Factsheet](#)
- [California Department of Public Health Risk-Based Quarantine Order](#)

Currently, a greater threat to the health of the Caltech community is influenza. To prevent the spread of flu, we encourage all community members to practice basic infection control measures:

- Cover your mouth when sneezing or coughing. If you do not have a tissue, cough into your upper sleeve, not your hands.
- Do not share items that can spread germs and viruses, like drinking cups, utensils, toothbrushes or food.
- [Get a flu shot \(the vaccine is still available at the Health Center\).](#)