
Spring Meditation Challenge



**Starting April 11th, 2017,
Commit@Caltech will be hosting an
8-week Spring Meditation Challenge!**

Join us every Tuesday at 12:15PM in the Beckman
Institute Center Garden Courtyard for a relaxing
30-minute meditation session.

Participate and get a chance at winning cool prizes!
To sign up go to caltech.stickk.com,
enter promo code **bewellCaltech**
and create a "Spring Meditation Challenge" Commitment.

For more information contact
Roberta Carvalho at bewell@caltech.edu 626.395.2413.

Get the chance to win some of
these amazing prizes!

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Park

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kindle

fitbit



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