Kaiser Permanente members: Did you receive a flu shot outside of Kaiser Permanente?

Let us know you received a flu shot—keep your medical record up to date.

**Option 1. Tell us at kp.org/questionnaire from your computer**

Available to members registered on kp.org in Southern CA, Northern CA, GA, MD, VA, CO, HI, and DC

1. Go to kp.org/questionnaire and log in with your member user ID and password.
2. Scroll down to the Optional Questionnaires section and click on the Influenza/Flu Vaccine questionnaire option.
3. Follow the questionnaire and input the date you received a flu shot. Once finished, click Submit Questionnaire.

**Option 2. Email your doctor’s office via kp.org**

Available to all members registered on kp.org

1. Go to kp.org and log in with your member user ID and password.
2. Click on Message Center, then click on E-mail My Doctor.
3. Follow the prompts to send your doctor’s office an email letting them know you received a flu shot, including the date you received the shot, and ask them to add it to your medical record.

**Option 3. Tell us during your next visit**

During your next appointment at a Kaiser Permanente medical facility, inform the receptionist that you received a flu shot, including the date you received the shot, and ask them to update your medical record.

**Need a flu shot?**

Kaiser Permanente members can visit kp.org/flu or call the 24-hour flu hotline to find the nearest facility offering no-cost flu shots:

- Northern CA: 800-573-5811
- Hi: Call the appointment and 24/7 advice line.
- Southern CA: 866-706-6358
- MD, VA, and DC: 800-777-7902
- CO: 866-868-7091
- OR and WA: 800-813-2000
- GA: 770-431-4358

Services covered under your health plan are provided and/or arranged by Kaiser Permanente health plans: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Self-insured plans are administered by Kaiser Permanente Insurance Company, One Kaiser Plaza, Oakland, CA 94612