



Accident Insurance: Policy number 477800
 Critical Illness Insurance: Policy number 477799
 Hospital Insurance: Policy number 477801

Learn more about your annual Be Well Benefit

Your Unum plan pays a Be Well Benefit for one Be Well screening each year.

With the Unum Be Well Benefit, you and other covered family members can receive a valuable incentive for important tests and screenings. Many of these tests are routinely performed, so it's easy to take advantage of this benefit.

Your Critical Illness Insurance Be Well benefit is \$50.

Your Accident Insurance Be Well benefit is \$50.

Your Hospital Insurance Be Well benefit is \$50.

BE WELL SCREENINGS

- Annual exams by a physician including sports physicals and well-child visits, dental and vision exams
- Cancer screenings including pap smear, colonoscopy
- Cardiovascular function screenings
- Cholesterol and diabetes screenings
- Imaging studies, including chest X-ray, mammography
- Immunizations including HPV, MMR, tetanus, influenza



HOW TO FILE A CLAIM

You can receive a benefit for tests that are performed after your initial coverage date.

Follow these steps:

Online: www.unum.com

App: MyUnum for Members

Phone: 1-800-635-5597

You will need to provide the following:

- First and last names of the employee and claimant (the employee might not be the claimant)
- Employee's Social Security number or policy number
- Name and date of the test
- Name of physician and the facility where the test was performed.



Each year, you can earn a valuable incentive just for taking care of your health. And so can each of your covered family members.

For more information, please contact your HR representative.

Better
benefits
at work.™

unum.com

Unum will pay Be Well benefits for all eligible policies according to policy terms.
 THESE POLICIES PROVIDE LIMITED BENEFITS

The policies or their provisions may vary or be unavailable in some states. The policies have exclusions and limitations which may affect any benefits payable. See the actual policy or your Unum representative for specific provisions and details of availability.

In New Hampshire, Be Well is referred to as Health Screening. In Washington, Be Well on the Accident product is referred to as Health Screening Benefit rider. In Kansas, Be Well is not available on the Hospital product and immunizations are not covered on the Accident or Critical Illness products.

Underwritten by: Unum Insurance Company, Portland, Maine; In New Jersey and New York, underwritten by: Provident Life and Casualty Insurance Company, Chattanooga, Tennessee

© 2024 Unum Group. All rights reserved. Unum is a registered trademark and marketing brand of Unum Group and its insuring subsidiaries.

EN-1911-Be Well FOR EMPLOYEES (2-24)

Obtenga más información sobre su Beneficio anual Estar Bien

Su plan Unum paga un beneficio Estar Bien por un examen de Estar Bien cada año.

Con el Beneficio Estar Bien de Unum, usted y otros miembros de la familia cubiertos pueden recibir un incentivo valioso para pruebas y exámenes de detección importantes. Muchas de estas pruebas se realizan de forma rutinaria, por lo que es fácil aprovechar este beneficio.

Su beneficio de seguro Enfermedad Grave Estar Bien es \$50.

Su beneficio de seguro Accidente Estar Bien es \$50.

Su beneficio de seguro Hospital Estar Bien es \$50.

EXÁMENES ESTAR BIEN

- Exámenes anuales realizados por un médico, incluidos exámenes físicos para deportes, visitas de niño sano, exámenes dentales y de la vista.
- Exámenes de detección de cáncer que incluyen prueba de Papanicolaou, colonoscopia
- Exámenes de la función cardiovascular
- Exámenes de colesterol y diabetes
- Estudios de imágenes, incluida radiografía de tórax, mamografía
- Vacunas que incluyen VPH, MMR, tétanos, gripe



CÓMO PRESENTAR UN RECLAMO

Puede recibir un beneficio por las pruebas que se realizan después de su fecha de cobertura inicial.

Siga estos pasos:

En Línea: www.unum.com

App: MyUnum para miembros

Teléfono: 1-800-635-5597

Deberá proporcionar lo siguiente:

- Nombre y apellidos del empleado y reclamante (el empleado podría no ser el reclamante)
- Número de Seguro Social o número de póliza del empleado
- Nombre y fecha de la prueba
- Nombre del médico y del centro donde se realizó la prueba.



Cada año, puede ganar un valioso incentivo solo por cuidar su salud. Y también cada uno de los miembros de su familia cubiertos.

Para obtener más información, por favor comuníquese con su representante de Recursos Humanos.